

The Holy Communion

Twelfth Sunday in Ordinary Time

20 June 2021

GATHERING IN GOD'S NAME

(Please stand)

Hymn Eternal Father, strong to save

1 Eternal Father, strong to save,
Whose arm does bind the restless wave,
Who bids the mighty ocean deep
Its own appointed limits keep;
O hear us when we cry to Thee
For those in peril on the sea.

2 O Saviour, whose almighty word
The winds and waves submissive heard,
Who walked upon the foaming deep,
And calm amid the rage did sleep;
O hear us when we cry to Thee
For those in peril on the sea.

3 O Holy Spirit, who did brood
Upon the waters dark and rude,
And bid their angry tumult cease,
And give for wild confusion peace;
O hear us when we cry to Thee
For those in peril on the sea.

We acknowledge that we gather and worship on the traditional land of Wadda Wurrung people and honour and pay our respects to their Elders past and present. We affirm, with them, in the Wadda Wurrung language: 'kim barne barre Wadda Wurrung' (this is the land of the Wadda Wurrung).

4 O Trinity of love and pow'r,
Your children shield in danger's hour;
From rock and tempest, fire, and foe,
Protect them where-so-e'er they go;
Thus, evermore shall rise to Thee
Glad hymns of praise from land and sea.



Blessed be God: Father, Son and Holy Spirit.

Blessed be God's kingdom, now and for ever.

The Lord be with you.

And also with you.

Sentence Who then is this, that even the wind and the sea obey him? *Mark 4.41*

**Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name,
through Christ our Lord. Amen.**

May your loving mercy come to me, O Lord,
and your salvation according to your word:
Lord, have mercy.

All Lord, have mercy.

Your word is a lantern to my feet and a light to my path:
Christ, have mercy.

All Christ, have mercy.

O let your mercy come to me that I may live,
for your law is my delight:
Lord, have mercy.

All Lord, have mercy.

The Absolution

May the God of all healing and forgiveness
draw you to himself,
and cleanse you from all your sins
that we may behold the glory of his Son,
the Word made flesh,
Jesus Christ our Lord.

All Amen.

**Lord, have mercy
Christ, have mercy
Lord, have mercy**

**Glory to God in the highest,
and peace to God's people on earth.**

**Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.**

The Collect of the Day

O God our defender,
storms rage about us and cause us to be afraid:

rescue your people from despair,
deliver your sons and daughters from fear,
and preserve us all from unbelief;
through Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. **Amen.**

(Sit for the readings)

THE MINISTRY OF THE WORD

(Silence may follow each reading.)

First Reading a reading from the book of Samuel (32-49)

32 David said to Saul, 'Let no one's heart fail because of him; your servant will go and fight with this Philistine.' 33 Saul said to David, 'You are not able to go against this Philistine to fight with him; for you are just a boy, and he has been a warrior from his youth.' 34 But David said to Saul, 'Your servant used to keep sheep for his father; and whenever a lion or a bear came, and took a lamb from the flock, 35 I went after it and struck it down, rescuing the lamb from its mouth; and if it turned against me, I would catch it by the jaw, strike it down, and kill it. 36 Your servant has killed both lions and bears; and this uncircumcised Philistine shall be like one of them, since he has defied the armies of the living God.' 37 David said, 'The Lord, who saved me from the paw of the lion and from the paw of the bear, will save me from the hand of this Philistine.' So Saul said to David, 'Go, and may the Lord be with you!' 38 Saul clothed David with his armour; he put a bronze helmet on his head and clothed him with a coat of mail. 39 David strapped Saul's sword over the armour, and he tried in vain to walk, for he was not used to them. Then David said to Saul, 'I cannot walk with these; for I am not used to them.' So David removed them. 40 Then he took his staff in his hand, and chose five smooth stones from the wadi, and put them in his shepherd's bag, in the pouch; his sling was in his hand, and he drew near to the Philistine. 41 The Philistine came

on and drew near to David, with his shield-bearer in front of him. 42 When the Philistine looked and saw David, he disdained him, for he was only a youth, ruddy and handsome in appearance. 43 The Philistine said to David, 'Am I a dog, that you come to me with sticks?' And the Philistine cursed David by his gods. 44 The Philistine said to David, 'Come to me, and I will give your flesh to the birds of the air and to the wild animals of the field.' 45 But David said to the Philistine, 'You come to me with sword and spear and javelin; but I come to you in the name of the Lord of hosts, the God of the armies of Israel, whom you have defied. 46 This very day the Lord will deliver you into my hand, and I will strike you down and cut off your head; and I will give the dead bodies of the Philistine army this very day to the birds of the air and to the wild animals of the earth, so that all the earth may know that there is a God in Israel, 47 and that all this assembly may know that the Lord does not save by sword and spear; for the battle is the Lord's and he will give you into our hand.' 48 When the Philistine drew nearer to meet David, David ran quickly towards the battle line to meet the Philistine. 49 David put his hand in his bag, took out a stone, slung it, and struck the Philistine on his forehead; the stone sank into his forehead, and he fell face down on the ground.

Hear the Word of the Lord

Thanks be to God

Responsorial Psalm

Psalm 9 (*ref 9-20.*)

⁹ The Lord is a strong tower to those that are oppressed:
he is a tower of strength in time of need.

¹⁰ All who heed your name will trust in you:
for you have never forsaken those that seek you.

¹¹ O sing praises to the Lord who dwells in Zion:
tell among the peoples what great things he has done.

¹² For he that avenges blood has remembered the poor:
he has not forgotten their cry.

- ¹³ The Lord has been merciful toward me,
he saw what I suffered from my foes:
he raised me up again from the gates of death,
- ¹⁴ That I might tell all your praises in the gates of Zion:
that I might rejoice in your deliverance.
- ¹⁵ The nations have sunk into the pit they dug for others:
in the very snare they laid is their foot taken;
- ¹⁶ The Lord has declared himself and upheld the right:
the wicked are trapped in the work of their own hands.
- ¹⁷ The wicked shall be given over to death:
and all the nations that forget God.
- ¹⁸ For the needy shall not always be forgotten:
nor shall the hope of the poor perish for ever.
- ¹⁹ Arise, Lord, let no human power prevail:
let the nations be judged before you.
- ²⁰ Put them in fear, O Lord:
and let the nations know they are but human.

Second Reading **A reading from St Paul's 2nd letter to the
Corinthians (6.1-1)**

¹ As we work together with him, we urge you also not to accept the grace of God in vain.

² For he says,

‘At an acceptable time I have listened to you,
and on a day of salvation I have helped you.’ See, now is the acceptable time; see, now is the day of salvation!

³ We are putting no obstacle in anyone's way, so that no fault may be found with our ministry,

⁴ but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities,

⁵ beatings, imprisonments, riots, labours, sleepless nights,

hunger;

⁶ by purity, knowledge, patience, kindness, holiness of spirit, genuine love,

⁷ truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left;

⁸ in honour and dishonour, in ill repute and good repute. We are treated as impostors, and yet are true;

⁹ as unknown, and yet are well known; as dying, and see—we are alive; as punished, and yet not killed;

¹⁰ as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

¹¹ We have spoken frankly to you Corinthians; our heart is wide open to you.

¹² There is no restriction in our affections, but only in yours.

¹³ In return—I speak as to children—open wide your hearts also.

Hear the Word of the Lord

Thanks be to God

(Stand for the Gospel)

The Gospel Reading

The Lord be with you.

And also with you.

The Gospel of our Lord Jesus Christ according to Mark *(4.35-41)*

Glory to you Lord Jesus Christ.

³⁵ On that day, when evening had come, he said to them, ‘Let us go across to the other side.’ ³⁶ And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. ³⁷ A great gale arose, and the waves beat into the boat, so that the boat was already being swamped. ³⁸ But he was in the stern, asleep on the cushion; and they woke him up and said to him, ‘Teacher, do you not care that we are perishing?’ ³⁹ He woke up and rebuked the wind, and said to the sea, ‘Peace! Be still!’ Then the wind ceased, and there was a dead calm. ⁴⁰ He said to them, ‘Why are you afraid?’

Have you still no faith?’⁴¹ And they were filled with great awe and said to one another, ‘Who then is this, that even the wind and the sea obey him?’

After the Gospel, the reader says

This is the Gospel of the Lord,
praise to you Lord Jesus Christ.

The Sermon

Silence may follow.

(Stand for the Creed)

Let us together affirm the faith of the Church:

**We believe in one God, the Father, the almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one being with the Father;
through him all things were made.**

**For us and for our salvation he came down from
heaven,**

**was incarnate of the Holy Spirit and the virgin Mary
and became truly human.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven**

and is seated at the right hand of the Father.

He will come again in glory to judge

**the living and the dead
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the
forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

THE PRAYERS OF THE PEOPLE

(Sit or kneel for the prayers)

The minister says

Let us pray for the world and for the Church.

After each prayer

Father, hear our prayer,
through Jesus Christ our Lord

The prayers conclude with this prayer.

Almighty God, you have promised to hear our prayers.

**Grant that what we have asked in faith
we may by your grace receive,
through Jesus Christ our Lord. Amen.**

THE GREETING OF PEACE

We are the body of Christ.

His Spirit is with us.

The peace of the Lord be always with you.

And also with you.

THE OFFERTORY

Hymn And now, O Father, mindful of the love

1. And now, O Father, mindful of the love
That bought us, once for all, on Calvary's tree,
And having with us him that pleads above,
We here present, we here spread forth to thee
That only offering perfect in thine eyes,
The one true, pure, immortal sacrifice.

2. Look, Father, look on his anointed face,
And only look on us as found in him;
Look not on our misusings of thy grace,
Our prayer so languid, and our faith so dim;
For lo, between our sins and their reward
We set the passion of thy Son our Lord.

3. And then for those, our dearest and our best,
By this prevailing presence we appeal;
O fold them closer to thy mercy's breast,
O do thine utmost for their souls' true weal;
From tainting mischief keep them white and clear
And crown thy gifts with grace to persevere.

4. And so we come: O draw us to thy feet
Most patient Saviour, who canst love us still;
And by this food, so awful and so sweet,
Deliver us from every touch of ill:
In thine own service make us glad and free,
And grant us never more to part with thee.

(remain standing for the Great Thanksgiving)

Blessed are you, Lord, God of all creation.
Through your goodness we have these gifts to share.
Accept and use our offerings for your glory
and for the service of your kingdom.

Blessed be God for ever.

THE GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

All thanks and praise, glory and honour,

be yours at all times, in every place,

holy and loving Father, true and living God.

We praise you that through your eternal Word

you brought the universe into being

and made us in your own image.

You have given us this earth to care for and delight in,

and with its bounty you preserve our life.

We thank you that you bound yourself to the human race

with the promises of a gracious covenant

and called us to serve you in love and peace.

Above all, we give you thanks for your Son,

our Saviour Jesus Christ:

born as one of us, he lived our common life

and offered his life to you in perfect obedience and trust.

By his death he delivered us from sin, brought us new life,

and reconciled us to you and to one another.

Therefore with angels and archangels,

with apostles, and prophets,

with holy men and women of every age,

we proclaim your great and glorious name:

Holy, holy, holy Lord, God of power and might,

heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Holy God, we thank you

for these gifts of your creation, this bread and wine,

and we pray that we who eat and drink them
in obedience to our Saviour Christ,
by the power of the Holy Spirit,
may be partakers of his body and blood,
and be made one with him and with each other
in peace and love.

On the night he was betrayed Jesus took bread;
and when he had given you thanks
he broke it, and gave it to his disciples, saying,
'Take, eat. This is my body given for you.
Do this in remembrance of me.'

After supper, he took the cup,
and again giving you thanks
he gave it to his disciples, saying,
'Drink from this, all of you.

This is my blood of the new covenant
shed for you and for many
for the forgiveness of sins.

Do this, as often as you drink it, in remembrance of me.'

The memorial acclamation is used here or below.

Christ has died.

Christ is risen.

Christ will come again.

Therefore we do as our Saviour has commanded:
proclaiming his offering of himself
made once for all upon the cross,
his mighty resurrection and glorious ascension,
and looking for his coming again,
we celebrate, with this bread and this cup,
his one perfect and sufficient sacrifice
for the sins of the whole world.

The memorial acclamation may be used here.

As we eat and drink this holy sacrament,
renew us by your Spirit
that we may be united in the body of your Son
and serve you as a royal priesthood

in the joy of your eternal kingdom.
Receive our praises, Father,
through Jesus Christ our Lord,
with whom and in whom,
by the power of the Holy Spirit,
we worship you in songs of never-ending praise:

**Blessing and honour and glory and power
are yours for ever and ever. Amen.**

As our Saviour Christ has taught us, we are confident to pray,

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.**

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power, and the glory are yours
now and for ever. Amen.**

THE BREAKING OF THE BREAD AND THE COMMUNION

As this broken bread was once many grains,
which have been gathered together and made one bread:

**so may your Church be gathered
from the ends of the earth into your kingdom.**

Jesus, Lamb of God, have mercy on us.

Jesus, bearer of our sins, have mercy on us.

Jesus, redeemer of the world, grant us your peace.

The gifts of God for the people of God.

Come let us take this holy sacrament of the body and blood of Christ in remembrance that he died for us, and feed on him in our hearts by faith with thanksgiving.

During COVID-19 restrictions we will administer Holy Communion under one kind; the bread.

The body of Christ keep you in eternal life.

Amen.

(Kneel or sit for a time for quiet reflection following Holy Communion)

Do not be afraid, I am with you

Response

Do not be afraid, I am with you;

I have called you by your name,

you are mine; I have called you by your name, you are mine. (Is. 43:1)

Verses

1. The Lord my light and my help;

whom shall I fear?

The Lord the stronghold of my life;

before whom shall I shrink? *Response*

2. There one thing I ask of the Lord,

for this I long:

to live in the house of the Lord

all the days of my life. *Response*

3. I am sure I shall see the Lord's goodness

in the land of the living.

Hope in him, hold firm and take heart,

hope in the Lord. *Response*

POST COMMUNION PRAYER

O God, whose beauty is beyond our imagining

and whose power we cannot comprehend:

show us your glory as far as we can grasp it,

and shield us from knowing more than we can bear

until we may look upon you without fear;

through Jesus Christ our Saviour.

THE SENDING OUT OF GOD'S PEOPLE

Father of all

We give you thanks and praise

that when we were still far off

you met us in your Son and brought us home.

Dying and living, he declared your love,

gave us grace, and opened the gate of glory.

May we who share Christ's body live his risen life; we who

drink his cup bring life to others;

we whom the Spirit lights give light to the world.

Keep us in this hope that we have grasped;

so we and all your children shall be free,

and the whole earth live to praise your name.

Stand for the Blessing

Go in peace to love and serve the Lord:

In the name of Christ. Amen

Hymn This day God gives me the strength of high heaven

This day God gives me

Strength of high heaven,

Sun and moon shining,

Flame in my hearth,

Flashing of lightning,

Wind in its swiftness,

Deepes of the ocean,

Firmness of earth.

God's way my way,

God's shield round me,

God's host defends me,

Saving from ill.

Angels of heaven,

Drive from me always

All that would harm me,

Stand by me still.

This day God sends me

Strength to sustain me,

Might to uphold me,

Wisdom as guide.

Your eyes are watchful,

Your ears are list'ning,

Your lips are speaking,

Friend at my side.

Rising, I thank you,

Mighty and strong One,

King of creation,

Giver of rest,

Firmly confessing

God in three Persons,

Oneness of Godhead,

Trinity blest.

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